# The Cutting Edge



Even if you don't have students in school, or aren't a student yourself, August always seems to bring changes in our community as the official "back-to-school" month. Stores are full of school supplies. Traffic patterns begin to change, and personally, my bank account starts to look thinner thanks to all of the purchases necessary to return my 3 children to school and their various activities! Whatever changes August has brought for you, I hope you are able to spend time with loved ones, take time from the busyness of life, and enjoy the sunshine as summer winds down.

We have a full slate of surgeries scheduled for August 20 and are particularly grateful to Dr. Johannes Evans of Kentucky Eye Institute for returning cataract surgeries to our regular Sunday format. In addition to the 5 patients whose vision will improve following their procedures, 11 other individuals will have their lives changed this month thanks to the talents of our volunteers and all of you who support us in your own special way.

Gratefully,

Amanda Ferguson Executive Director

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## **Volunteer Spotlight**



This month's featured volunteer is Nancy Johnson. Nancy, who works the PACU at Good Samaritan, is one of our regular pre-op nurses and has donated her time and talent to Surgery on Sunday for almost 2 years. She and her husband, UK orthopedist Darren Johnson, have 3 children - Brandon (26), Kelsey (23), and Lauren (22).

Originally from Connecticut, Nancy lived in several cities across the U.S. before she and Darren settled in Lexington 25 years ago. Since he serves as the team doctor for many UK athletics teams, Nancy says there is "lots of Kentucky" at her house and they are "big, big UK fans." When not cheering on the Wildcats, Nancy enjoys exercising by walking and rowing.

Thank you, Nancy, for all you do to help Surgery on Sunday and our patients!

#### **Patient Profile**

The following article appears in the August issue of Tops in Lex magazine as part of their "Profiles in Hope" feature. You'll find it on page 208.

Martin is a chef at a local restaurant and often works 12-14 hours per day, sometimes unable to take a break. He wasn't able to perform his job 100% because it was painful for him to stand at times and he always had it in the back of his mind, wondering what was wrong with him. He admits "the worry was often worse than the pain."

Without health insurance, he lived with the condition for almost a year but was eventually diagnosed in early 2017 with an inquinal hernia.



When a co-worker told him about Surgery on Sunday, he had the Salvation Army clinic where he was diagnosed refer him to the program. Martin acknowledges that when he was first referred to Surgery on Sunday, he was nervous about getting the news of "how bad everything was going to be." But, he says, "as soon as I met Dr. Kearney, he took all my worries away. He was so confident and positive about the procedure that I knew I was in great hands."

Dr. Paul Kearney, a volunteer surgeon who also serves as Surgery on Sunday's board chair, operated on Martin in June and Martin's life was changed. "The worry is gone, the pain is gone, and I'm back!" he replies when asked how he feels now. He can now move around normally again and not worry about picking things up, possibly worsening the hernia, and needing a visit to the emergency room.

Martin is so grateful to Surgery on Sunday and says "the whole experience was professional from start to finish" and that the volunteer staff was so welcoming and caring that he felt like he was with family. "I have been so blessed with finding this organization. My guardian angel has definitely been putting in overtime." He is so appreciative that he has offered his culinary skills to serve lunch to Surgery on Sunday volunteers on surgery days.

Surgery on Sunday was created for people just like Martin and it is an honor each day to care for patients like him.

### **Upcoming Events**

**Sips and Cigars**- fundraiser September 29 at Belle's Cocktail House - 6:00-9:00 p.m.





## Other Ways to Support SOS



**Kroger Community Rewards** 

Amazon Smile - Surgery on Sunday

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