

The Cutting Edge

October's surgery day was relatively light with 3 hernia patients, and 6 patients who received cataract surgery. Many thanks to **Dr. David Crain**, **Dr. Johannes Evans** and **Dr. Paul Kearney** for providing these procedures. Thanks also to **Dr. Phil Hall** for serving as our supervising anesthesiologist.

Things are really gearing up for end-of-the-year giving campaigns and our three main fundraisers in the new year. Please see below for information about ways to support the work we do each and every month. Our program receives no government funding and relies completely on the kindness of a generous community, including private individual and corporate donors and granting agencies. No gift is too small to help us change lives!

Gratefully,

Amanda Ferguson
Executive Director

[Visit our Website](#)

Patient Perspective

This month's patient perspective is from a gentleman who received a hernia repair surgery through our program. He shared:

I was very pleased with my experience at Surgery on Sunday. I was treated with professionalism and care. They took my worries and fears and made me feel safe. They were willing to answer all of my questions no matter how many times I asked the same questions over again. I am truly grateful for everything you have done for me. You have given my life back without all the pain and discomfort. Thank you!



Volunteer Spotlight



October's Volunteer of the Month is **Kathy Lambros**. Kathy has been volunteering with Surgery on Sunday since 2015, when she first moved to Lexington, and has become an expert at checking patients in and out on our REDCap record-keeping system.

Originally from Detroit, Kathy spent most of her life in Pikeville, KY where she attended Mullins High School and Prestonsburg Community College. She has been in the insurance industry for more than thirty years and is a commercial sales agent and the referral coordinator at Energy Insurance Agency. Wholly owned by AAA Club Alliance, Kathy says "It's an awesome place to work!"

She has a son, Dr. Kenneth Smith, and a daughter-in-law, Dr. Kimberly Williams Smith, in Indianapolis and is very proud of both of them and the work they do each day for their patients and their community. She is an animal lover and, while resisting the desire to take in every stray animal, she is mom to an orange and white cat, Victoria. Kathy says she is a fan of all things UK but also loves professional baseball and her favorite team is the Boston Red Sox. We know she is excited about this year's World Series results!

In addition to gardening, reading, traveling, and spending time with friends and family, Kathy volunteers for the Serve program by preparing food and serving the homeless downtown. She has also been involved with Voices of Hope, a non-profit that addresses addiction and provides resources and hope for addicts as well as their family members. When asked what might surprise people about her, Kathy says she takes the phrase "early to bed and early to rise" quite literally. She loves mornings and is up at 3:00 am every day!

Kathy is passionate about Surgery on Sunday "because of the wonderful volunteers I work with and the

deserving patients. I know what the medical services mean to the patients and their families because I grew up in a hard-working but underprivileged family. I will never forget an emotional mother thanking me for her young daughter's surgery as I was checking them in. It is such a pleasure to be just a tiny part of Surgery on Sunday."

Thank you, Kathy, for your generous spirit and for all you do to help Surgery on Sunday and our patients!

Good Giving Challenge 2018

Help Surgery on Sunday celebrate Giving Tuesday and kick-off this year's Good Giving Challenge campaign by joining us on **Tuesday, November 27th** at **Mirror Twin Brewing** at 725 National Avenue from 6-8 pm. We will enjoy hot pizza, cold drinks, and the second annual Surgery on Sunday giant Connect Four tournament! This year's winner will receive two tickets to the UK vs. Monmouth basketball game on November 28.

Jump start the charitable season with us by making your donation online at one of our laptops, sharing your support of Surgery on Sunday on social media, and encouraging others to give!

[Good Giving Challenge 2018](#)



Sweat4Surgeries 4.0



Registration is now open for Sweat4Surgeries 4.0 on **January 25 and 26, 2019**, a 24-hour fitness marathon presented by **Josh Bowen** and **Aspire Fitness**. A fun and healthy way for people to come together in support of the mission of SOS, this event has raised nearly \$100,000 in its first three years, and Josh has set a goal of \$40,000 for 2019!

This year's format will be different from the past in that many different fitness groups will be leading hours of exercise instead of Josh teaching every class. This will allow us to draw an even wider audience of participants, gain more exposure for our sponsors, and raise more money to help others.

Thank you to **Lexington Clinic, Good Foods Co-Op, Sturgill, Turner, Barker, & Moloney**, and the **Caller Family Charitable Foundation** who have already signed on to sponsor the fourth annual event. For more information or to participate as a donor or sponsor, click the link below.

[Sweat4Surgeries 4.0](#)

Surgery on Sunday, Inc. | 859/246-0046 | surgeryonsunday.org

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